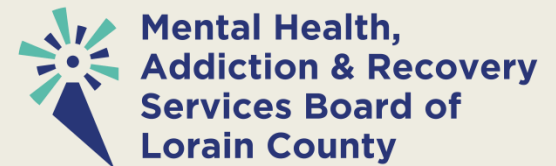


Mobile Response Stabilization Services (MRSS)



What is MRSS?



- A structured face-to-face treatment and support service provided by a mobile response and stabilization service team
- Designed to promptly address a crisis situation
- Crisis is defined by the family/caregiver or young adult
- A home and community-based stabilization service that is designed to de-escalate crises for youth

Who may receive MRSS?



- Children and young adults who are under the age of twenty-one.
- Children and young adults experiencing escalating emotional symptoms, behaviors, or traumatic circumstances that have compromised or impacted their ability to function within their family, living situation, school, or community.

MRSS Timeframes



The initial mobile response occurs within **sixty minutes**

The de-escalation period may be up to **seventy-two hours** (including initial mobile response)

Stabilization period may be up to **six weeks** (after 72 hour initial response)

Screening/Triage



MRSS may be initiated through direct connection with the state crisis hotline (Thrive). Nord is still taking crisis calls for the county as well and will be transferred to MRSS.

- An initial triage screening is done to gather information on the crisis or crises, identify the parties involved, and begin determining an appropriate response or responses. The initial triage screening is performed remotely, usually by telephone. After the triage, a warm-handoff to the MRSS provider occurs.
- All calls with a young person in crisis where 911 is not indicated, are responded to with a mobile response.

Mobile Response (Initial 72 hours)



- Time-limited, family-centered, crisis intervention and de-escalation management services for up to seventy-two hours until the young person and family is stable including
 - Response within 60 minutes
 - Complete a brief behavioral assessment
 - Consult with the young person and family to define goals for preventing future crisis and the need for ongoing stabilization.
 - Schedule follow up call/visit for the following day to check in and review safety plan

Initial Safety Planning



- Initial safety plan must be completed prior to leaving the first visit
- The initial safety plan is completed in **partnership** with the young person and family
 - If the school is the referent, we attempt to initiate a school safety plan as well with youth and school personnel
- Means reduction plan: Secure unsafe items
- Gain commitment to safety
- Response plan if another crisis does occur

Stabilization (Up to 42 days)



- Stabilization services are to build skills of the young person and family, to strengthen capacity to prevent future crisis, facilitate an ongoing safe environment, link the person to natural and culturally relevant supports and build or facilitate building the young person and family's resilience.
- Stabilization activities include but are not limited to:
 - **Psychoeducation:** Young person and family individual coping skills; behavior management skills, problem solving and effective communication skills;
 - **Advocacy and networking** by the provider to establish linkages and referrals to appropriate community-based services and natural supports;
- **Clinical services are not a part of stabilization via MRSS**

Implementing MRSS



- Implementing MRSS within a community requires involvement of the different youth and family serving systems as well as youth and family peers
 - Relationships between the MRSS team and local child welfare systems, law enforcement, and schools are crucial
- With the family's permission, MRSS will work to facilitate intersystem collaboration.
- MRSS will coordinate referrals and linkages to appropriate resources in the community.

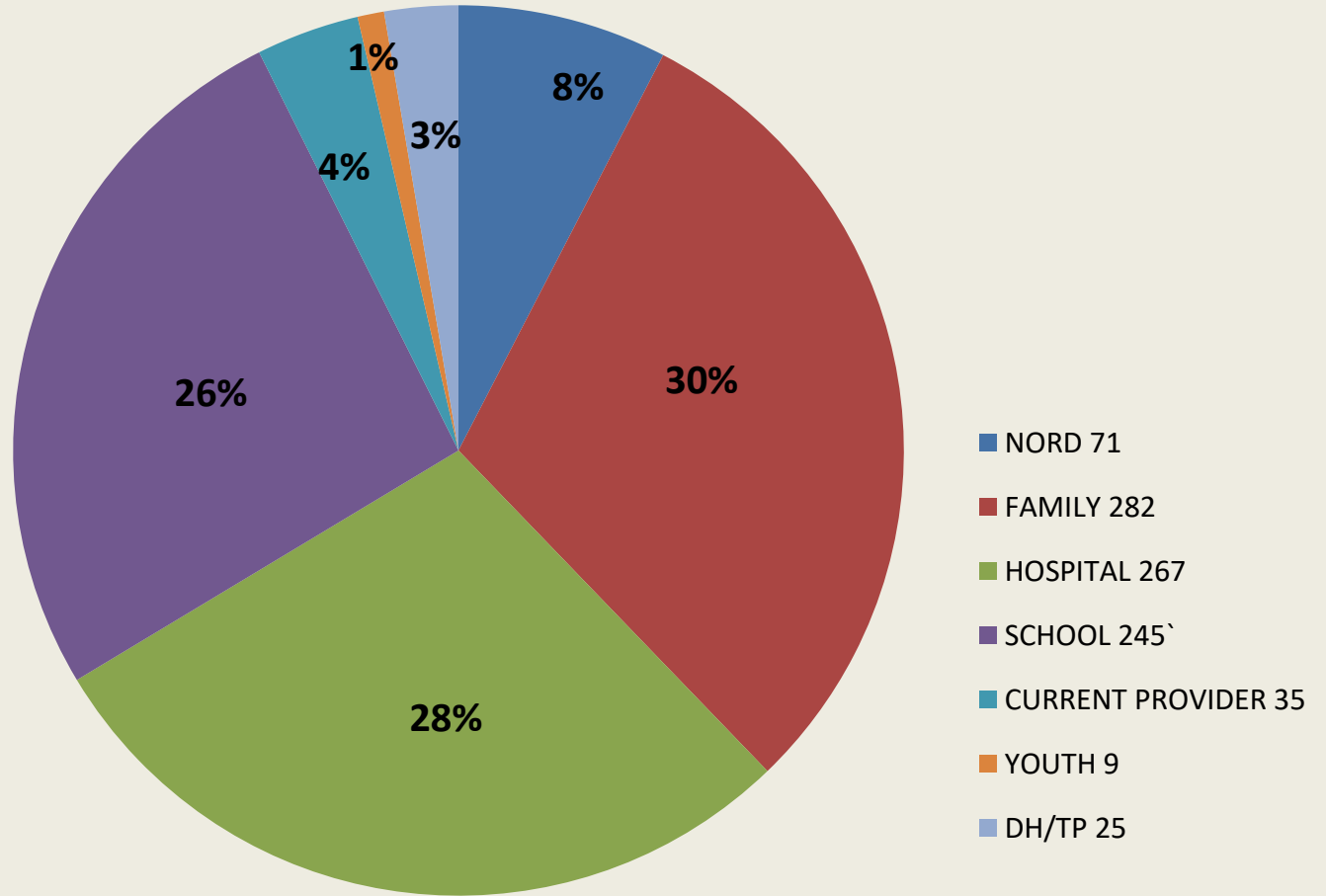
How Do I Reach MRSS?



- MRSS can be reached by calling **Thrive**, the Statewide hotline, at **1-888-418-MRSS (6777)**
- Community can call Nord but MRSS prefers to go through Thrive for Data collection purposes
- Hotline staff will triage all calls and provide a warm handoff to MRSS staff
- MRSS team will immediately respond to callers location when possible.
- Current hours of operation are 8am-12am M-F
- Nord's Child Response Team handles all crisis calls outside of these hours
- Hours will soon expand and within 1 year, the MRSS team will function 24 hours per day/7 days per week

MRSS Referral Sources- 934 calls

July 2022-June 2023



Questions



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